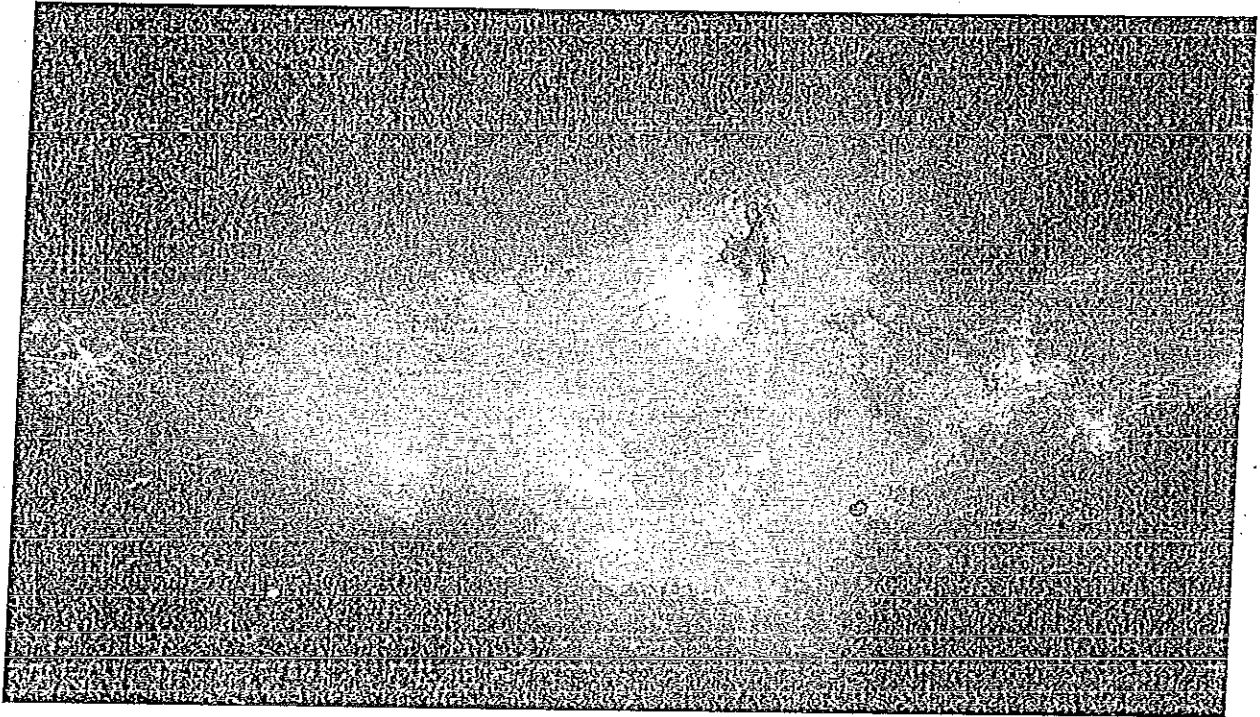


Elizabeth High School
Cardinal Pride Marching
Band



2017 Season Handbook

Introduction

Dear Parents and Students,

Welcome to the Cardinal Pride Marching Band! To the new members: welcome to a new and rewarding experience; to the returning members: welcome back! Marching band is a unique activity, not quite a sport, not quite a club, not just a musical venture. In marching band we pull off athletic feats (you jazz run with a tuba), incredible coordination (find me another group of high schoolers that throw and catch sabres in sequence...for fun), and make beautiful music (and pictures that theoretically make sense).

This handbook contains information that is essential to the upcoming marching band season. You will find information regarding policies, fees, calendar dates and volunteer opportunities. Please read the information carefully, and discuss the commitment as a family. The acknowledgement form is due with all other paperwork on June 15th

Each year of marching band brings a new group of kids and a unique experience. No matter if you are already dedicated to band as a key part of your life, or have trepidations about trying something new, we are excited to have you! The band has nearly tripled in size the last three years and with the commitment of each of you we can continue to build to make the Cardinal Pride Marching Band the pride of Elizabeth High School and the community of Elizabeth.

I am looking forward to an exciting season and getting to know the new students and families of EHS!

Sincerely,

Megan O'Connor
Instrumental Music Director
Elizabeth High School

The show of 2017

Each year coming up with a new show theme is a different experience. Some years are easy, some years are difficult, some years a staff member texts you "Hey, what about Space Jam" as a joke on a Sunday morning. Now, Space Jam would be ridiculous, but the idea of space stuck with me.

Space, the final frontier. A mysterious and beautiful place that we are still learning about every day. A place as diverse as the people who gaze upon it. The limitless possibilities of space are what makes it such an exciting, and challenging concept for the show.

I hope that you are excited to explore the places beyond Earth and the vast expanse that is the galaxy above us, and the world beyond.

Policies and Procedures

What should I wear?

Marching band is an athletic activity. For the safety of all students, proper dress is important. Examples of proper dress include:

- Athletic shoes with laces securely tied
- Gym shorts or track pants
- T-shirts
- Baseball hat
- Sunglasses

Absolutely no:

- Sandals, boots, or other shoes without laces
- Jeans, or other tight clothing which restricts movement
- Revealing clothing not permitted by the usual dress code

If a student is inappropriately dressed they will be asked to sit out. This will be reflected in their daily participation grade. These requirements are for the entire season; please plan to change out after school, every day, no matter the weather.

What should I bring?

Required items:

- Instrument and necessary equipment such as working reeds, valve oil etc.
- Music binder
- Drill sheet and Dot book
- Pencil
- Sunscreen
- Buggy spray
- WATER WATER WATER

Attendance Policy

All rehearsals and performances throughout the season are mandatory. The schedule is given months in advance so that you can plan around it.

Exceptions to this policy are made on an individual basis for emergencies, school commitments and other major family functions. Please plan summer vacations around our summer schedule, as it is critical that we have the entire band committed throughout the season. Additionally, work or transportation related absences are never excused. If transportation issues do arise please let me know so that accommodations can be made.

Planned absences:

(Weddings, family functions, school activities)

Fill out the pre-arranged absence form (on website and in this packet) and return to the director at least 7 days in advance to be excused. If the form is late, the absence is unexcused.

Sudden absence:

(sickness, sudden loss of limb..)

An email needs to be sent to moconnor@esdk12.org by the start of rehearsal. If the email is late, in most cases the absence is unexcused unless an emergency prevented prompt notification of the absence. When kids aren't at rehearsal I worry about them! We will have students call/text the student to try and figure out the reason for their absence if I do not have prior notice of the absence.

Excessive absences:

If a student has excessive absences (5 or more in most cases) they may be removed from the ensemble and see a grade reduction in the class.

Eligibility

Students must remain eligible to compete with the band. If a student has one F in a class they are placed on warning. If they have 2 or more Fs they are deemed ineligible. Additionally, students who are ineligible will have to complete a grade contract with the director, and sit out of rehearsal to complete homework during that week. If you are ineligible you will not be able to compete/perform that weekend. (You are still expected to attend if it does not take from the school day)

Due to the intricate nature of marching band, we cannot have students in and out with eligibility issues. Consistency is key for this ensemble, so habitually ineligible students (3 weeks, not necessarily consecutive) will be removed from the ensemble.

Attendance

Please see the attached school attendance policy. Students who miss any part of the day will be unable to rehearse unless it is a pre-arranged documented absence such as a doctor's appointment. Documentation must be provided to the attendance office.

Fees and Fundraising

Like all athletic activities, marching band carries a fee. This fee helps cover the cost of music, drill, equipment, uniforms, festival registration fees, food etc. This year's fee is \$250 due to the EHS Band Boosters Inc. \$100 is due the first day of camp June 15th. The remaining \$150 is due August 8th. Payment plans are available, see the contract at the back of this handbook.

It is our expectation that every family participates in fundraising efforts. Though we charge \$250 for participation, it actually costs over \$500 per student to get through each season. Each family is expected to help fundraise \$200+.

No student will ever be turned away because of inability to pay. Please contact Ms. O'Connor if any of these financial obligations cause a hardship so that we can make necessary accommodations.

The Uniform

Each instrumentalist will be provided with a uniform jacket, pants, and hat. They will be responsible for this uniform the entire season. The uniform is a symbol of Elizabeth High School and should be respected and worn with pride. It is the responsibility of the student to keep their uniform clean and in good condition at all times. Should a student damage or dirty their uniform, it will be the student's responsibility to repair, replace and/or clean the uniform. Replacement costs: Pants: \$60, Jacket: \$175, Gauntlets: \$44, Hat: \$38, Plume: \$18 (Total Uniform: \$342)

In addition, each instrumentalist is responsible for purchasing long black socks, black marching shoes (\$35) and black marching gloves (\$5). We place a purchase for shoes and gloves during the July camp. If cared for, these shoes last the entire career of the student.

Each colorguard member will be provided with a parade uniform top and a show uniform. It is their responsibility to maintain the uniform throughout the season. If any damage comes to the uniforms it is their responsibility to replace, repair or clean them. Replacement costs: Parade tops: \$100 Show uniform prices vary.

In addition each guard member is responsible for the purchase of uniform jacket (\$25), guard shoes (\$30), black jazz pants or leggings, and rifle gloves (\$10). Guard members may also be asked to provide an undershirt or tights as part of their show uniform. We will order jackets, guard shoes, and rifle gloves during the July band camp. The jacket, shoes, pants and gloves can all last the student for their entire career if well cared for.

Booster Organization

The Elizabeth High School Instrumental Music Booster Organization is a non-profit volunteer organization in place to support all aspects of the instrumental music program at EHS, both financially and otherwise. This organization is comprised of parents of students who are involved in the instrumental program at EHS. There are no fees or dues to be a member of the group, and your involvement in this organization will only benefit your child's music education, as well as the experience of all students involved in music.

The primary function of the booster organization is to support the music program and the staff in all administrative and logistical aspects that make this program run smoothly so that we, as instructors, can do what we do best, teach. Being involved in this organization is a great way to get to know other parents and support your student in the art that they have become so passionate about. Parental support is the single most important key to the success of any student. The EHS Instrumental Booster Organization is a great way to show your support for your student and their school.

Regardless of how busy our lives are, the EHS Instrumental Music program always welcomes whatever help, in whatever capacity, you are willing to give! Please do not hesitate to contact Ms. O'Connor and ask how you can be involved. An informational meeting will be held during the BBQ on August 12th.

The Booster Organization meets the first Monday of every month in the band room at 7:00pm. Meetings discuss budgets, purchases, pit crew, prop creation, fundraisers and much more.

Must Be Turned In to Participate:

DUE JUNE 15th, no exceptions:

___ Acknowledgement Form

___ Social Media/Bullying Policy

___ Payment Plan

___ Physical

___ School Attendance Policy

___ Extracurricular Activity Training Rules

___ Parent or Guardian Permission

___ CHSAA Student Eligibility Information

___ Concussion Responsibility

___ Warning to Students and Parents

Fee Payment Schedule Options

Payment Option A:
June 15th: Payment is due for:

- \$100 fees
- \$30/\$35 shoes
- \$5 Gloves
- \$25 Instrument rental
- Guard Jacket
- Rifle (if applicable)

August 8th:

- Remaining \$150 fee
- \$27 for Elitches trip

Payment Option B:
June 15th:

- \$50 Fee
- \$30/\$35 Shoes
- \$5 Gloves
- \$25 Instrument Rental
- Rifle (if applicable)

August 8th:

- \$100 Fee
- \$27 for Elitches Trip

September 11th

- \$100 Fee

Please initial next to one of the options below:

_____ I will be using payment plan: _____ (A or B)

_____ I believe that I qualify for a partial/full scholarship amount for band fees. I am able to pay _____ dollars over the course of the season. Please briefly explain on the back what you are able to pay and the circumstance (confidential) that qualifies you for scholarship. Students on scholarship must still pay for their own shoes, gloves, jacket etc. The waiver is only for the \$250 fee.

By signing below you agree to the payment option you have selected. If the agreed upon payment plan is not followed students may be withheld from future activities (winterguard, future seasons) and not permitted to letter until accounts are balanced. If a change of circumstances which affects your ability to pay (loss of a job, sudden illness/death in the family) takes place please update the director so that a new plan may be agreed upon. All payment information is confidential between the family, director and treasurer.

Parent/Guardian Signature: _____ Date: _____

Director Signature: _____

Treasurer Signature: _____

Acknowledgement and Commitment Form

I acknowledge that I have read all of the prior information and agree to the financial and logistical commitment I am making to the Cardinal Pride Marching Band. I agree that if I am removed for eligibility, attendance, personal, or disciplinary purposes I will not be granted a refund of my payments. I understand and agree that failure to comply with these policies could result in a lower grade or removal from the ensemble. I take this commitment seriously because I agree that the ensemble relies on me as an individual to contribute to the group as a whole. By signing this form I agree to commit to the marching band for the duration of the season, follow my agreed upon payment plan, and avoid eligibility issues or excessive absences.

Student Name: _____ Date: _____

Student Signature: _____

Parent Name: _____ Date: _____

Parent Signature: _____

Student email address: _____

Student Cell Phone number: _____

Parent email address(es): _____

Parent Phone number(s): _____

DUE JUNE 15th

Social Media and Bullying Policy

Unfortunately abuse of social media has become an issue throughout society. More and more it seems that students are using texting and social media to harass classmates during and outside of school. This is behavior that absolutely will not be tolerated within the EHS Music program. Students in the music program are expected to treat each other, and all other members of the school and community, with respect and kindness. Not everyone has to like each other and be best friends, but you do have to treat each individual you encounter with the same kindness and respect that you would expect from them. Conflicts do arise, but when the boundary is crossed into harassment or bullying the behavior becomes unacceptable.

Any student found to be involved in harassment, bullying or inappropriate social media behavior will be immediately removed from the program for the period of at least one year. There are no exceptions to this policy. Whether or not the behavior is considered to be inappropriate or bullying will be determined by the district policy and the director, administration and counselors.

We have a fantastic counseling team here at EHS and I encourage students and parents to work with counselors to resolve issues. Though I know the students well and always have an open door policy about conflicts and issues, I do not have training or expertise to help students solve personal and interpersonal problems. If you have any questions or concerns, please feel free to contact me or our counseling department at any time.

My hope by creating this policy is to encourage students to create a positive environment where all students feel welcome and happy. I do not want to ever see a student removed from the ensemble, but I do take bullying very seriously. I encourage you to contact counseling if you have concerns or suspicions about behavior before it escalates to the level of harassment.

By signing I agree to the above policy. As a parent I will help to monitor my student's social media and technology usage. I will help them to resolve conflict in a positive manner and encourage them to speak kindly of others. If I have concerns I will contact EHS Counseling or Ms. O'Connor so that issues may be addressed in a timely manner.

As a student I will not abuse my right to social media and technology. I will treat everyone I encounter with positivity and kindness. If I have a conflict with another student I will work to resolve the issue in a positive manner and not participate in bullying or harassment. If I cannot resolve my conflict I will seek the assistance of the EHS Counseling department.

Parent Signature: _____ Date: _____

Student Signature: _____ Date: _____

Please return the bottom portion by June 15th
No student will be allowed to participate in rehearsals after June 15th without this form

ATHLETIC REGISTRATION 2016-2017

***** ONLY COMPLETE PACKETS WILL BE ACCEPTED *****

- ❖ **PHYSICIAN PERMIT FOR ATHLETIC PARTICIPATION**
(physical must be current / less than 365 days)
- ❖ **PARENT OR GUARDIAN PERMISSION FORM**
- ❖ **SCHOOL ATTENDANCE POLICY**
- ❖ **EXTRACURRICULAR ACTIVITY TRAINING RULES**
- ❖ **STUDENT ELIGIBILITY/ANTI-HAZING FORM**
- ❖ **STUDENT ATHLETE/PARENT CONCUSSION FORM**
- ❖ **WARNING TO STUDENTS AND PARENTS**

WARNING TO STUDENTS AND PARENTS

(NOTE: PERSONAL CHECKS MUST HAVE A VALID DRIVERS LICENSE I.D.
REFERENCED ON THE CHECK)



Elizabeth School District C-1



ELIZABETH SCHOOL DISTRICT
ATHLETIC PARTICIPATION PERMIT

Student's name: _____ DOB: _____

Age: _____ Sex: _____ Grade: _____

Parent/Guardian's Name: _____ Phone: _____

Father's Daytime Phone: _____ Mother's Daytime Phone: _____

In an emergency, if parents cannot be reached, notify:

Name: _____ Phone: _____

Student's Physician: _____ Phone: _____

Preferred Hospital: _____ Phone: _____

Student's Dentist: _____ Phone: _____

Insurance Carrier: _____ Policy: _____

PHYSICIAN PERMIT FOR ATHLETIC PARTICIPATION

I hereby certify that I have examined _____ and that the student was found physically fit to engage in school baseball, basketball, cheerleading, cross country, football, golf, gymnastics, soccer, softball, track, wrestling, volleyball. (Please cross out any sport in which the student should not participate).

DATE OF PHYSICAL: _____ SIGNED: _____

(Valid for 365 days unless rescinded)

Physician (Must be MD, DO, NP, PAC, DC)

Please print: PHYSICIAN'S NAME: _____

ADDRESS: _____

PHONE NUMBER: _____

School Attendance Policy

Participants must be full time students, enrolled in a course that will earn a minimum of 2 1/2 Carnegie units of credit per semester.

Students must be in attendance at school all day in order to participate in any school-sponsored activity that is conducted on that day. In case of emergency or extenuating circumstances, the principal or designee may grant an exception to this limitation if notified prior to the absence occurring. The absence must be for a pre-arranged appointment to still be able to participate. Students returning from a medical/dental appointment must present a note from the doctor's office stating if they are or are not cleared to participate in the sport.

Print Student's Name: _____

Student's Signature: _____ Date: _____

Parent's Signature: _____ Date: _____

Extracurricular Activity Training Rules Revised August 2016

Extracurricular activities provide wide important educational opportunities for students at Elizabeth High School. A number of diverse programs are offered in an attempt to appeal to a multitude of interests. Studies have shown that participation in extracurricular activities enhances academic performance. Additionally, it is through these activities that individuals will be faced with situations that emulate real life challenges – conditions that are often difficult to teach in a traditional classroom setting. All students who participate in extracurricular activities become representatives of our school, community and state – thus, such activities are a privilege and not a right. However, it is the goal of EHS to create a balance between high expectations and encouraging each and every student to participate. In view of our staff and community desires for the health and overall wellbeing of our students, it is important we remain judicious in preventing students from participating in harmful and illegal activities. Therefore, it is understood students are required to adhere to these expectations. For the purpose of this policy, extracurricular activities will include all events and activities sponsored by the Colorado High School of Activities Association (CHSAA). All violations will be accumulative for the entire high school career.

USE, SALE OR POSSESSION OF TOBACCO AT ANY TIME, IN ANY PLACE AND IN ANY FORM:

1ST Violation: Loss of eligibility from 20% of contests in the next sport competed. During this time, the student will be expected to attend all practices and perform other duties as assigned by the coach or sponsor. Athletes must attend all home games during the suspension, but may not dress out nor sit on the team bench.

2ND Violation: Loss of eligibility from 50% of the contests in the next sport competed.

3RD Violation: Loss of all eligibility for one calendar year.

4TH Violation: Loss of all eligibility for the remainder of high school.

USE, POSSESSION OR DISTRIBUTION OF ALCOHOL, AN ILLEGAL SUBSTANCE OR REPRESENTATION THEREOF, OR DRUG PARAPHERNALIA AT ANY TIME, IN ANY PLACE AND IN ANY FORM DURING THE SCHOOL YEAR:

DURING THE SUMMER IF THE ATHLETE IS CONVICTED OF USE, POSSESSION OR DISTRIBUTION THE ATHLETE WILL STILL BE IN VIOLATION.

1ST Violation: Loss of eligibility from 20% of contests in the next sport competed. During this time, the students will be expected to attend all practices and perform other duties as assigned by the coach or sponsor. Athletes must attend all home games during the suspension, but may not dress out nor sit on the team bench.

2ND Violation: Loss of eligibility from 50% of the contests in the next sport competed.

3rd Violation: Loss of all eligibility for one calendar year.

4th Violation: Loss of all eligibility for the remainder of high school.

Depending upon timing, violation consequences will carry-over to the following school year and will apply to the next completed activity.

Any student who violates either of the above rules forfeits the opportunity to be nominated for any postseason honors and/or awards. Students who receive a 2nd violation of the aforementioned policies will not be allowed to letter for the season. Students who come forward upon first ever infraction of this policy may reduce the amount of time they are ineligible by 50%.

Training Rules Percentages for Violations

Sport	10%	20%	50%	
Baseball	2	4	10	Games
Basketball	2	5	12	Games
Cheerleading	Dependent upon season. Fall equal to Volleyball, Winter equal to Basketball			
Cross Country	1	2	6	Meets
Football	1	2	5	Games
Golf	20	40	100	Holes
Gymnastics	1	2	6	Matches
Soccer	2	3	8	Games
Softball	2	4	10	Games
Track	1	2	6	Meets
Volleyball	2	4	10	Matches
Wrestling	3	6	15	Points
Band	1	3	6	Performances

~~Please return this form to the Elizabeth High School main office.~~



I have read the above training rules and agree to abide by them.

Participant: _____ Date: _____

Parent/Guardian: _____ Date: _____

[REDACTED]

PARENT OR GUARDIAN PERMISSION

WARNING: Although participation in supervised interscholastic athletics and activities may be one of the least hazardous in which any student will engage in or out of school, **BY ITS NATURE, PARTICIPATION IN INTERSCHOLASTIC ATHLETICS INCLUDES A RISK OF INJURY WHICH MAY RANGE IN SEVERITY FROM MINOR TO LONG-TERM CATASTROPHIC INJURY.** Although serious injuries are not common in supervised school athletic programs, it is impossible to eliminate this risk.

PLAYERS MUST OBEY ALL SAFETY RULES, REPORT ALL PHYSICAL PROBLEMS TO THEIR COACHES, FOLLOW A PROPER CONDITIONING PROGRAM, AND INSPECT THEIR OWN EQUIPMENT DAILY.

By signing this Permission Form, we acknowledge that we have read and understood this warning. **PARENTS OR STUDENTS WHO DO NOT WISH TO ACCEPT THE RISKS DESCRIBED IN THIS WARNING SHOULD NOT SIGN THIS PERMISSION FORM.** By signing this form it allows my student's medical information to be shared with appropriate medical staff when necessary in compliance with HIPPA (Health Insurance Portability and Accountability Act) Regulations.

I hereby give my consent for _____ to compete in athletics for Elizabeth High School in Colorado High School Activities Association approved sports, except as listed on the student's current physical dated _____, and I have read and understand the general guidelines for eligibility as outlined in the Competitor's Brochure.

Parent or Guardian Signature _____ Date _____

I have read, understand and agree to the General Eligibility Guidelines as outlined in the Competitor's Brochure.

Student Signature _____ Date _____

No student shall represent their school in interschool athletics until there is on file with the superintendent or principal a statement signed by his parent or legal guardian and a signed physical certifying that he/she has passed an adequate physical examination within the past year, that in the opinion of the examining physician, physician's assistant, nurse practitioner or a certified/registered chiropractor, he/she is physically fit to participate in high school athletics; and that he/she has the consent of his/her parents or legal guardian to participate.

NOTE: It is strongly recommended by the Colorado Department of Health that individuals participating in athletic events have current tetanus boosters. Tetanus boosters are recommended every 10 years throughout life. Boosters are recommended at the time of injury if more than five years have elapsed since the last booster.

If significant intervening illnesses and/or injuries have occurred, a more complete physical examination should be conducted. The physical examination form must be signed by a practicing physician, physician assistant, or nurse practitioner. If a student athlete has been injured in practice and/or competition, the nature of which required medical attention, the student athlete should not be permitted to return to practice and/or competition until he/she has received a release from a practicing physician.

NOTE: The CHSAA urges an adequate physical examination be given when a student athlete changes levels of competition, i.e. Little League to Middle School, Middle School to High School.



**STUDENT ELIGIBILITY INFORMATION FORM
and
CHSAA Anti-Hazing Policy**

I hereby give my consent for _____

to compete in athletics for _____ High School
in Colorado High School Activities Association approved sports, except as noted on the Physical Examination
and Parent Permit Form, and I have read and understand the general guidelines for eligibility as outlined in the
CHSAA Competitor's Brochure (as found on the CHSAANow.com website).

Parent or Guardian Signature _____ Date _____

I have read, understand and agree to the General Eligibility Guidelines as outlined in the CHSAA
Competitor's Brochure.

Student Signature _____ Date _____

No student shall represent their school in interschool athletics until there is a statement on file with the
superintendent or principal signed by his/her parent or legal guardian and a signed physical form certifying that
he/she has passed an adequate physical examination within the past year, noting that in the opinion of
the examining physician, physician's assistant, nurse practitioner or a certified/registered chiropractor, (DC, Spc.) is
physically fit to participate in high school athletics; that student has the consent of his/her parents or legal guardian
to participate; and, the parent and participant have read, understand and agree to the CHSAA guidelines for
eligibility.

CHSAA Anti-Hazing Policy

The Colorado High School Activities Association prohibits bullying, hazing, intimidation or threats. Hazing includes,
but is not limited to humiliation tactics, forced social isolation, verbal or emotional abuse, forced or excessive
consumption of food or liquids, or any activity that requires a student to engage in illegal activity. I understand
that hazing of any type is not permitted in any CHSAA sanctioned activity.

I will not engage in any of the prohibited conduct. I further understand that it is my responsibility to immediately
report any acts of hazing that I become aware of to a sponsor, teacher, counselor, school support staff, coach or
administrator in my school.

By signing this acknowledgement, I affirm my responsibility to prevent and report hazing. I also understand that
any violation of this could result in school or team consequences that could include dismissal from the activity or
further disciplinary consequences and/or referral to law enforcement.

Student Athlete Signature

Date

Student Athlete/ Parent Concussion Responsibility and Acknowledgment
(form to be completed and returned to school athletic office)

I understand it is my responsibility to report all of my injuries and symptoms to my parent(s) and/ or guardian(s), coach, and athletic trainer. I must be an active participant in my own health.

I have read and understand the "HEADSUP-Concussion in Youth Sports Fact Sheet for Athletes/ Parents".

After reading the "HEADSUP-Concussion in Youth Sports Fact Sheet for Athletes/ Parents" I am aware of the following information:

/ A concussion is a brain injury that I am responsible for reporting to my parents, athletic
Initials trainer, and/ or coach.

/ A concussion can affect my ability to perform everyday activities, alter my mood, and effect
Initials classroom and athletic performance.

/ You cannot see a concussion, but you might notice one or more symptoms right away. Other
Initials symptoms can show up hours and days after the injury.

/ Following a concussion the brain needs time to heal. Both physical and mental rest are
Initials needed. You are much more likely to have repeated concussions if you return to play before your symptoms resolve.

/ I will not return to play in a game or practice if I have received a blow to the head or body
Initials that results in concussion or related symptoms until I am cleared to return.

/ I understand that I will need medical clearance in order to return to play.
Initials

/ If I suspect a teammate has a concussion, I am responsible for reporting the possible injury
Initials to my coach and/ or athletic trainer for the good of my teammate.

/ If I have questions, I will contact my medical provider, school nurse, athletic trainer, and/ or
Initials coach to get more information regarding concussions; or visit www.cdc.gov/concussion.

By signing below, I acknowledge that I have read and understand the information regarding concussions. I acknowledge that I have received "HEADSUP-Concussion in Youth Sports Fact Sheet for Athletes" and "HEADSUP-Concussion in Youth Sports Fact Sheet for Parents." I know and understand that I should notify the proper individuals (parents, medical provider, athletic trainer, nurse, and/ or coach) when I suspect I may have sustained a concussion.

Signature of Student-Athlete Date

Signature of Parent/ Guardian Date

Printed Name of Student-Athlete

Printed Name of Parent/ Guardian

WARNING TO STUDENTS AND PARENTS

SERIOUS, CATASTROPHIC AND PERHAPS FATAL INJURY MAY RESULT FROM ATHLETIC PARTICIPATION.

By its very nature, competitive athletics may put students in situations in which SERIOUS, CATASTROPHIC and perhaps, FATAL ACCIDENTS may occur.

Many forms of athletic competition result in violent physical contact among players, the use of equipment which may result in accidents, strenuous physical exertion, and numerous other exposures to risk of injury.

Students and parents must assess the risks involved in such participation and make their choice to participate in spite of those risks. No amount of instruction, precaution, or supervision will totally eliminate all risk of injury. Just as driving an automobile involves choice of risk; athletic participation by high school students also may be inherently dangerous. The obligation of parents and students in making this choice to participate cannot be over-stated. There have been accidents resulting in death, paraplegia, quadriplegia, and other very serious permanent physical impairment as a result of athletic competition.

By granting permission for your student to participate in athletic competition, you, the parent or guardian, acknowledge that such risk exists.

By choosing to participate, you, the student, acknowledge that such risk exists.

Students will be instructed in proper techniques to be used in athletic competition and in the proper utilization of all equipment worn or used in practice and competition. Students must adhere to that instruction and utilization and must refrain from improper uses and techniques.

As previously stated, no amount of instruction, precaution, and supervision will totally eliminate all risk of serious, catastrophic, or even fatal injury.

If any of the foregoing is not completely understood, please contact your school principal for further information.

Instruction: Sign both copies, retain one for your records, and return the other to your school.

Student's Name _____ Sport(s) _____

This will acknowledge that we have read and understand the material contained in the NOTICE TO ATHLETES AND PARENTS OR GUARDIANS.

* * * * *

Signed _____ Date _____
Parent or Guardian

Signed _____ Date _____
Student

"The beginning is the most important part of the work"

~Plato

NOTES:

Each of the days in May is 100% optional for instrumentalists. I highly recommend to all members that they attend at least one help session (if not all of them!) but they are in no way required for participation. We will work with every student when they arrive in June!

ALL Colorguard members are required to attend the audition dates in May.

MAY 2017

	1	2	3	4	5	6
7	8	9	10 Optional music help 4-7pm Mandatory Colorguard Auditions	11	12	13
14	15	16	17 Optional music help 4-7pm Mandatory Colorguard auditions	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

JUNE 2017

SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY SUNDAY

				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

Coming together is a beginning; keeping together is progress; working together is success.

~Henry Ford
Notes:

June camps are meant to introduce our new members to the world of marching band. They will learn how to march, begin learning show music and begin to bond as a team!

On the first day of camp: June 15th
ALL students are required to turn in a physical, commitment paperwork and \$100 fee payment or they will be unable to participate.

8:30-4:30pm
Camp Day for Full Band

8:30-4:30pm
Camp Day for Full Band

8:30am-12:00 New members Only
1:00-4:30pm Full Band
PHYSICALS DUE

12-5pm
Leadership Team Only

AUGUST 2017

"I feel very protective in the first draft, when all the pieces are coming together. I work in a way that is not linear or chronological at all, even with the short story. I will just be writing bits and pieces, and then when I have all the pieces on the table, that for me is when it feels like the real work begins."

~Jill McCorkle

NOTES:

On Saturday August 12th we have all day rehearsal 8:30-5:00 and then we conclude with a parent performance and BBQ in Cardinal Stadium! Details to come!

Once school starts our normal rehearsal schedule begins.

Saturday August 19th is our first mandatory graded performance of the year. We perform in a parade in Littleton and then go to Elitch Gardens for a fun evening of riding rides!

PAYMENT DUE:

The remaining \$150 payment is due on August 8th for all members. This is also when students will need to pay for marching shoes, gloves, or jackets that need to be ordered.

Any students not at the June camp will need to turn their physicals and paperwork in on August 7th to be able to practice.

				1	2	3	4	5
				8 Band Camp 8:00am-5:30pm PAYMENT DUE	9 Band Camp 8:00am-5:30pm	10 Band Camp 8:00am-5:30pm	11 Band Camp 8:00am-5:30pm	12 Band Camp 8:00am-5:30pm Parent Performance 6:00pm BBQ and Meeting 6:30pm
			7 Band Camp 8:00am-5:30pm	15 Band Camp 3:30pm-8:30pm	16 Band Camp 3:30pm-8:30pm	17 Band Camp 3:30pm-8:30pm	18 Band Camp 3:30pm-8:30pm	19 Western Welcome Week Parade
			14 Band Camp 3:30pm-8:30pm	22 Band Rehearsal 3:30-6:30pm	23 Band Rehearsal 5:00-7:30pm	24 Band Rehearsal 5:00-7:30pm	25 Band Rehearsal 5:00-7:30pm	26
			13 Band Rehearsal 3:30-6:30	21 Band Rehearsal 3:30-6:30	28 Band Rehearsal 3:30-6:30	29 Band Rehearsal 3:30-6:30pm	30 Band Rehearsal 3:30-6:30pm	31 Band Rehearsal 5:00-7:30pm
			6 Band Rehearsal 3:30-6:30	20	27			

SEPTEMBER 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday

"Everybody wants to be famous, but nobody wants to do the work. I live by that. You grind hard so you can play hard. At the end of the day, you put all the work in, and eventually it'll pay off. It could be in a year, it could be in 30 years. Eventually, your hard work will pay off."
 ~Kevin Hart

NOTES:

Home Football games are a fun part of our fall season. Each football game is required of all members. We perform as a pep band in the stands and then perform our competition show at half time. Students are fed dinner before each game! Dates and times TBA

Finally September hits and we have our first competition on Saturday September 16th! Competitions are usually all day affairs from somewhat early in the morning until fairly late at night (8-9ish) when awards conclude. Students are required to stay with the band the entire time unless an extenuating circumstance is communicated ahead of time. We always feed the students every meal on these days.

OCTOBER 2017

1	2	3	4	5	6	7
	Band Rehearsal 3:30-6:30pm	Band Rehearsal 3:30-6:30pm		Band Rehearsal 5:00-7:30pm		Legend Marching Festival
8	9	10	11	12	13	14
	Band Rehearsal 3:30-6:30	Band Rehearsal 3:30-6:30pm	Fall Break	Fall Break	Camp Day 10- 4pm	Fall Break
15	16	17	18	19	20	21
	Regionals Echo Park Automotive Stadium	No Rehearsal		Band Rehearsal 5:00-7:30pm		Camp Day 10-4
22	23	24	25	26	27	28
	Band Rehearsal 3:30-6:30	Band Rehearsal 3:30-6:30pm		Band Rehearsal 5:00-7:30pm		State Camp Day and BBQ 12pm-4 rehearsal 5:00pm Parent Performance
29	30	31				
	State in Parker					

"To be a champion, I think you have to see the big picture. It's not about winning or losing; it's about every day hard work and about thriving on a challenge. It's about embracing the pain that you'll experience at the end of a race and not being afraid. I think people think too hard and get afraid of a certain challenge."
~Summer Sanders

NOTES:

October is the frantic push to the end of the season! This time of year gets busy and exhausting so stay on top of that homework and stay healthy!

Monday October 16th is our Regional Qualifying Competition. This is an absolutely mandatory competition that is necessary for the band to qualify to the state championships.

We will rehearse during fall break due to our regional date being the day of our return.

State Weekend is October 28th-30th. October 28th we will have a short rehearsal. Then we give a parent sendoff performance and have a celebration BBQ. That night all the kids usually stay around for evening to play their favorite game Mission Impossible.

October 30th is State! Lucky us, it's just down the road in Parker this year!

"The end crowneth
the work" ~Elizabeth

I

NOTES:

Finally the season is over and you
can have your children back!

On November 10th, we hold a
banquet for the kids to celebrate
their accomplishments. Details
come out in October.

NOVEMBER 2017

			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

Marching Band
Banquet